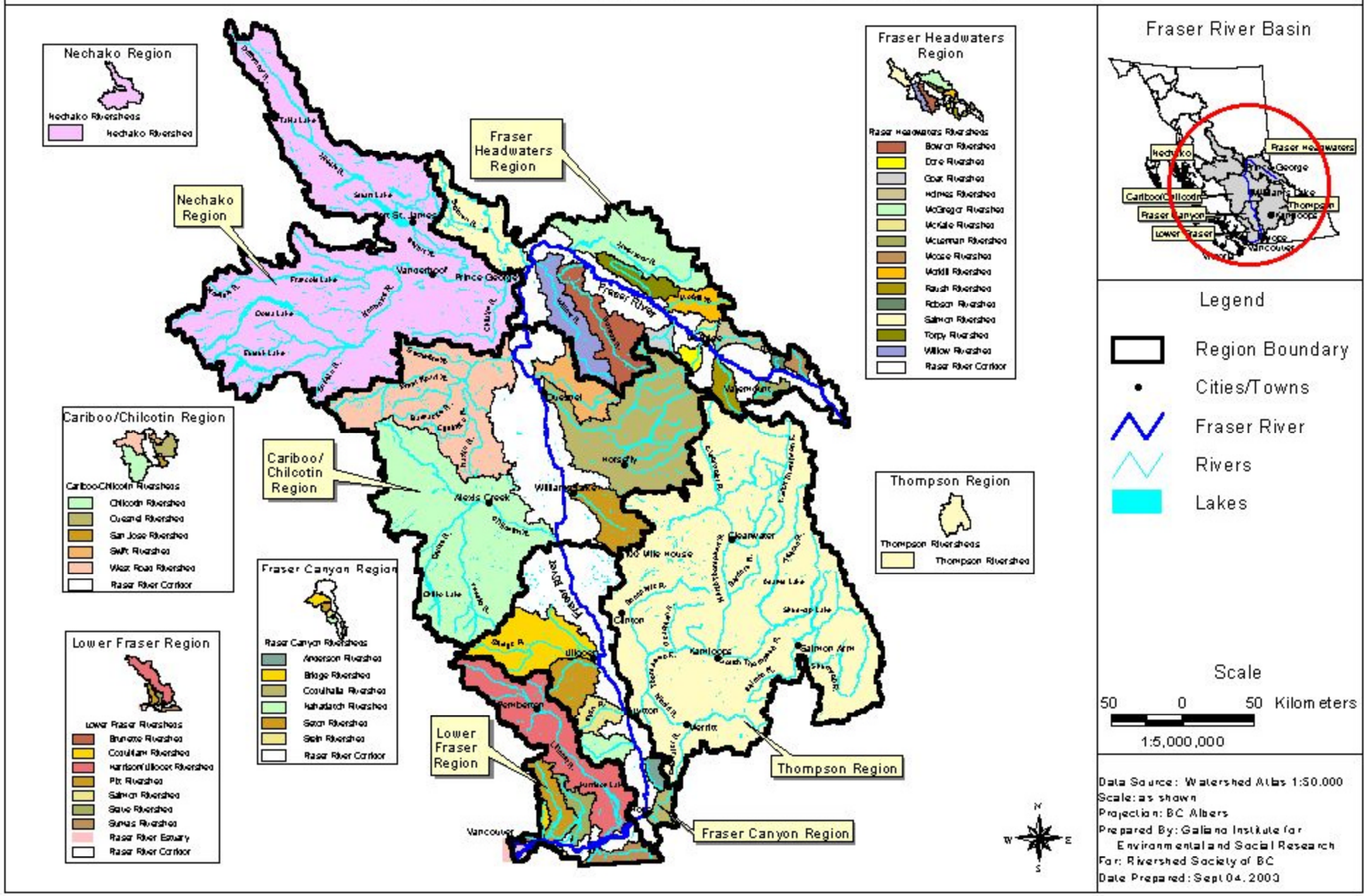Regions and Riversheds of the Fraser River Basin